

# Vulnerable and Specialist Children's' Services



### Resources for teaching staff, parents and carers of vulnerable children

Government guidance on supporting vulnerable children and young people during Coronavirus:



https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-vulnerable-children-and-young-people

There will be individual tailored support plans created for all for children and young people who need help or are struggling to reintegrate back to school. This will be led by schools in partnership with families, social workers and wider professionals if necessary. For information on children and young people's specific plans, please contact your school in the first instance.

Online training for school staff will be available to enable them to implement the transition and reintegration plan. This will be delivered by Joann Moore for primary and early year settings and by Samantha Rothwell for secondary schools. Training sessions will take place on Thursday 4th and 11th June 2020.

Please see transition and reintegration plan and guidance notes



https://www.barnetlocaloffer.org.uk/senco\_zone/blog\_articles/2676-covid-19-latest-send-news-and-updates

#### **FREE SENCo Virtual Conference**

In response to feedback from schools, this summer's SENCo conference will be delivered virtually and confirmed speakers include Linda Orr-Head of Special Education Needs Placements, Kathleen Tripp-Autism Advisory Team led, Dr Nina Robinson Educational Psychology and Dr Barley Birney from Head of the Education Psychology service. The conference will be split into three sessions which will run over the course of the week:

Tuesday 23rd June from 9.15am to 12.15pm

Wednesday 24th June from 9.15am to 12.15pm

Thursday 25th June from 1.00pm to 3.30pm

A series of webinars will be held on each of these days.

https://www.barnetlocaloffer.org.uk/senco\_zone/events/31768-senco-conference?term=conference





#### For children missing education:

Barnet Integrated Clinical Services (BICS) is offering interventions for children who can't go back to school due to underlying health reasons or who aren't required to go back to school in June.

BICS is offering invention for those identified as vulnerable (child in need and/or on a child protection plan) who are missing education. Working closely with MOPAC, safeguarding teams, youth offending service YOS, REACH and children in care services.

#### **Specific interventions**

- Anxiety workshop for Year 6 pupils upwards, including young people struggling with school engagement. Age group:11, 12, 13
- 1:1 support for young people dependant on their presentation i.e. where anxiety or low mood is impacting on their school attendance.
- Barnet Integrated Clinical Serves offer consultations to MOPAC team.

Working alongside social workers to support parents/carers of children not attending school.

Resilience work with young people known to youth offending service and REACH, not accessing education

#### Workshops for professionals

- Systemic consultation with Early Help practitioners for Early Help professionals
- Consultations with Early Help for moderate cases for Early Help professionals
- · Working with risk of Child Criminal Exploitation for Schools and social care staff
- Barnet Integrated Clinical Serves to offer consultations to MOPAC team.

For staff, parents and carers of children with autism:

Provision	Session
Specialist advice line - Autism Advisory Team Parent Hotline  The hotline supports parents of autistic children and young people living in Barnet. We support parents specifically around the following; emotional regulation, setting up schedules and routines in the home, communication, and support for home education.	10am to 11am, Monday to Friday The phone number is 0208 359 3167 This is not an anonymous hotline and information will be shared with relevant professionals as necessary
Barnet Early Autism Model (BEAM) Parent Support BEAM's service is part of Barnet's specialist autism services and has been designed for families of pre- school children under 5 with a confirmed diagnosis of autism  Referrals are often made by paediatricians at the point of a diagnosis of autism, however referrals can be made by parents / carers and other professionals using the Child Development Service referral form.	https://www.barnetlocaloffer.org.uk/pages/home/information-and-advice/early-years/barnet-early-autism-model-beam  Call 0208 359 6336  Email BEAM.Team@barnet.gov.uk







Provision	Session
Local offer website – SEND has been created to share resources and useful links to support families and those working with children and young people with special educational needs and disabilities during this time.	https://www.barnetlocaloffer.org.uk/
We hope you will find this information helpful.	
people mild to moderate platform that include early help, community and vulnerable children known to family services.  As a service, we are continuing to offer telephone, skype and videos upport/interventions to vulnerable children, young people and families across the Borough presenting with mild to moderate mental health difficulties.	Families can access the support by phoning 079260 85495 9am to 5pm.  Our admin team will take some brief details about
	the young person, and a clinician will call you back as soon as possible.
	Referral Processes: We continue to accept new referrals from a range of partners, including schools/educational settings, early help workers, social workers, GPs and VCSE
<b>Telephone Support Lines:</b> We have set up a single point of contact for professionals within educational settings, Early Help, Social Care (including foster	partners, alongside accepting self-referrals from parents/carers. If you are uncertain about a referral, please call the number above and we can support you through this process.
carers and residential homes), which offers support to young people, families and carers who are struggling with mild to moderate social, emotional, behavioural and mental health difficulties.	To make a referral, please use Barnet's Universal Plus Form which can be found here:  https://account.barnet.gov.uk/ OnlineApplication/Introduction. aspx?form=UNIVPLUS
	For more information about BICS, our offer and the types of presentations we work with, please check out our website:  https://www.barnet.gov.uk/barnetintegrated-clinical-service-bics
Children, Family and Young People Early Help Hubs 0-19 service.  All families face challenges and sometimes need support. Early Help is about providing this support as soon as possible to tackle difficulties for children, young people and families before	0800 389 8312 or on 020 8359 3100.
	Email fis@barnet.gov.uk
	https://www.barnetyouth.uk/ and
they become more serious. We work with the whole family and the child / young person is at the centre of all we do.	www.barnet.gov.uk/0-19







Provision	Session
MASH Multi Agency Safeguarding Hub (MASH) Team (Children's)	Call <b>020 8359 4066</b> available Monday to Thursday 9am to 5.15pm and Friday 9am to 5pm.
If you feel you have urgent welfare concerns about children or young people that require and immediate response, phone the Multi-Agency Safeguarding Hub (MASH).	Outside of these hours you should report any concerns that need an immediate response to our emergency duty team on 020 8359 2000.
	If you are worried that a child may be suffering, or may be at risk of harm, you should complete a safeguarding concern referral.
	https://www.barnet.gov.uk/children-and- families/keeping-children-safe/worried- about-safety-child
BEH CAMHS	Open 24/7: 0300 0200 500
The service has introduced a new helpline for adults and young people experiencing a mental health crisis. You can call the helpline for advice in a crisis from our trained mental health advisors and clinicians	http://www.behcamhs.nhs.uk/
SENDIASS  Parents and carers of children and young people up to 25-years-old with special educational needs (SEN) or a disability can get free, confidential and impartial information, advice and support about matters regarding education.	https://www.barnet.gov.uk/children-and- families/support-parents-and-carers/ special-educational-needs-disability- information
	Contact number is 020 8 359 7637 Email address: SENDIASS@barnet.gov.uk
<b>Nip in the Bud</b> provides lots of free resources about mental health awareness for parents. Short films and fact sheets can be accessed freely on the website. Content has been provided by experts from	https://nipinthebud.org/
the South London and Maudsley NHS Foundation Trust and from Great Ormond Street Hospital. Our Real Life Experience films show interviews with young people and parents who have been affected and who speak frankly and movingly about their experiences. The conditions covered so far are ADHD, Anxiety, Autism, Conduct Disorder, Depression, OCD and PTSD.	Email address: hello@nipinthebud.org
NSPCC The NSPCC is the UK's leading children's charity, preventing abuse and helping those affected to recover.	Open 8am-10pm Mon-Fri and 9am-6pm on weekends: 0808 800 5000
<b>Kooth</b> If you're aged between 11 and 18, or a child in your care is, Kooth offers free, safe and anonymous online wellbeing and mental health	https://www.kooth.com/
support through mobile, tablet and desktop.	https://www.kooth.com/video







#### Help for children and young people with special educational needs and/or disabilities:



https://www.barnetlocaloffer.org.uk/

#### Barnet autism advisory team transition tips



https://www.barnetlocaloffer.org.uk/senco\_zone/blog\_articles/2705-barnet-autism-advisory-team-transition-tips

#### Advice for teachers and staff supporting vulnerable children and young people:



https://www.annafreud.org/schools-and-colleges/resources/supporting-the-most-vulnerable-children-and-young-people/

#### Government guidance for children's Social Care services:



https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-for-childrens-social-care-services

## Advice for social care professionals for dealing with children of high conflict separated parents:



https://www.annafreud.org/insights/blogs/2020/04/coronavirus-2-keeping-in-mind-the-children-of-high-conflict-separated-parents/

#### Advice for social care professionals and foster carers for dealing with children in care:



https://www.annafreud.org/insights/blogs/2020/04/coronavirus-3-reflecting-on-the-child-in-care/

#### Help for living with a parent with a mental illness:



https://www.youtube.com/channel/UCO7BfL73P6wwMyWtBN9MN0g/videos

#### Support for young carers across Barnet:



Twitter: @BarnetYoung

http://barnetyoungcarers.org.uk/

**Nip in the Bud** provides free resources about mental health awareness for primary school teachers and parents. The short films and fact sheets can be accessed freely on the website. The content has been provided by experts from the South London and Maudsley NHS Foundation Trust and from Great Ormond Street Hospital. The Real Life Experience films show interviews with young people and parents who have been affected and who speak frankly and movingly about their experiences. The conditions covered so far are ADHD, Anxiety, Autism, Conduct Disorder, Depression, OCD and PTSD.

This short film helps parents and teachers deal with any potential feelings of apprehension and anxiety that children may experience on returning to school.

https://nipinthebud.org/information-films/tips-for-returning-to-school/

To find out more visit https://nipinthebud.org/about-us/



