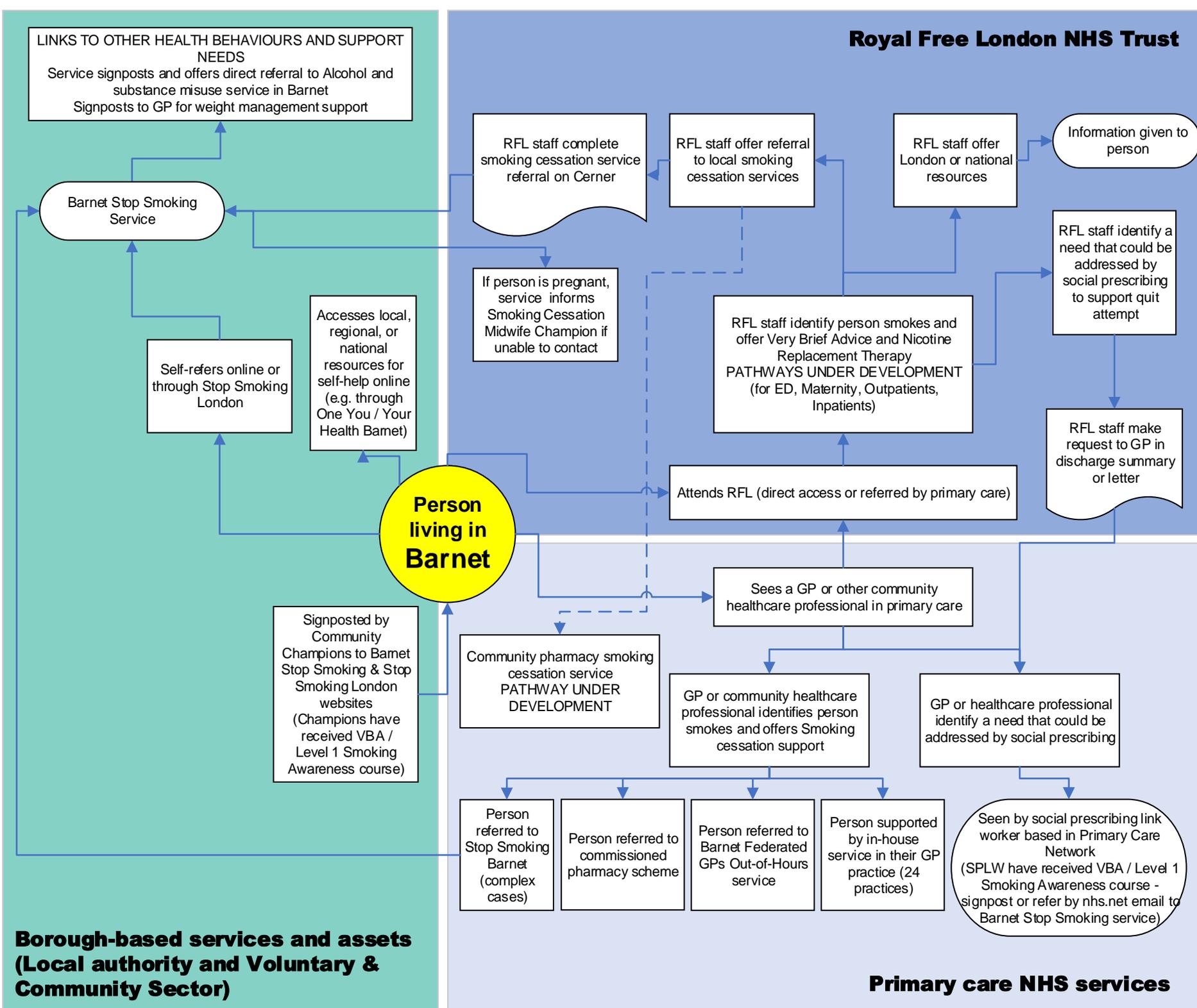


Smoking cessation pathways overview

Healthy Living Hub Barnet Task and Finish group

Last updated: 28 November 2022

All pathways are for adults aged 18+ years



Websites:
 One You Barnet (will be replaced by Your Health Barnet)
<https://www.oneyoubarnet.org/>

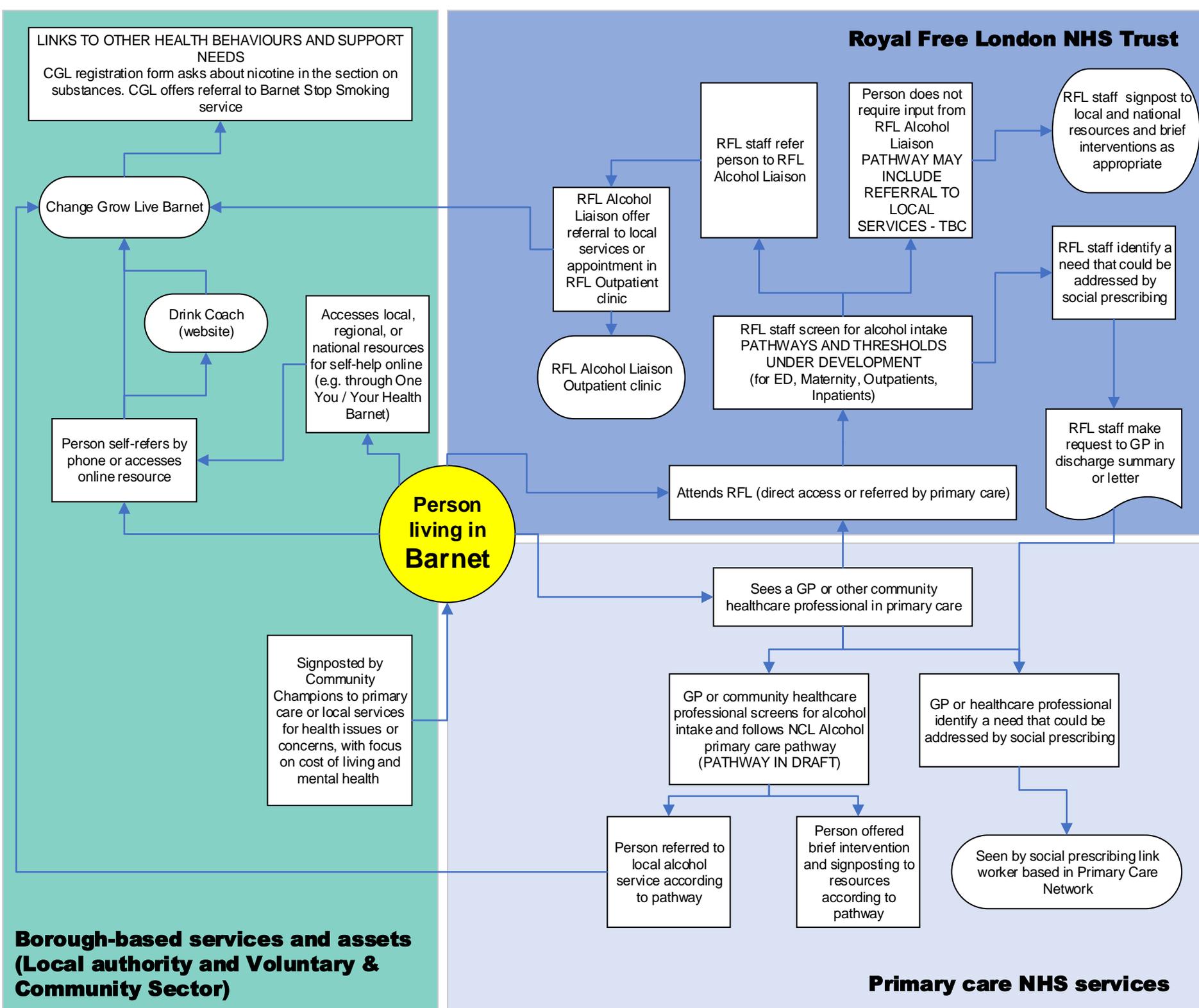
Alcohol pathways overview

Healthy Living Hub Barnet Task and Finish group

Last updated: 28 November 2022

All pathways are for adults aged 18+ years

Websites:
One You Barnet (will be replaced by Your Health Barnet)
<https://www.oneyoubarnet.org/>



Borough-based services and assets (Local authority and Voluntary & Community Sector)

Primary care NHS services

Weight management and physical activity pathways overview

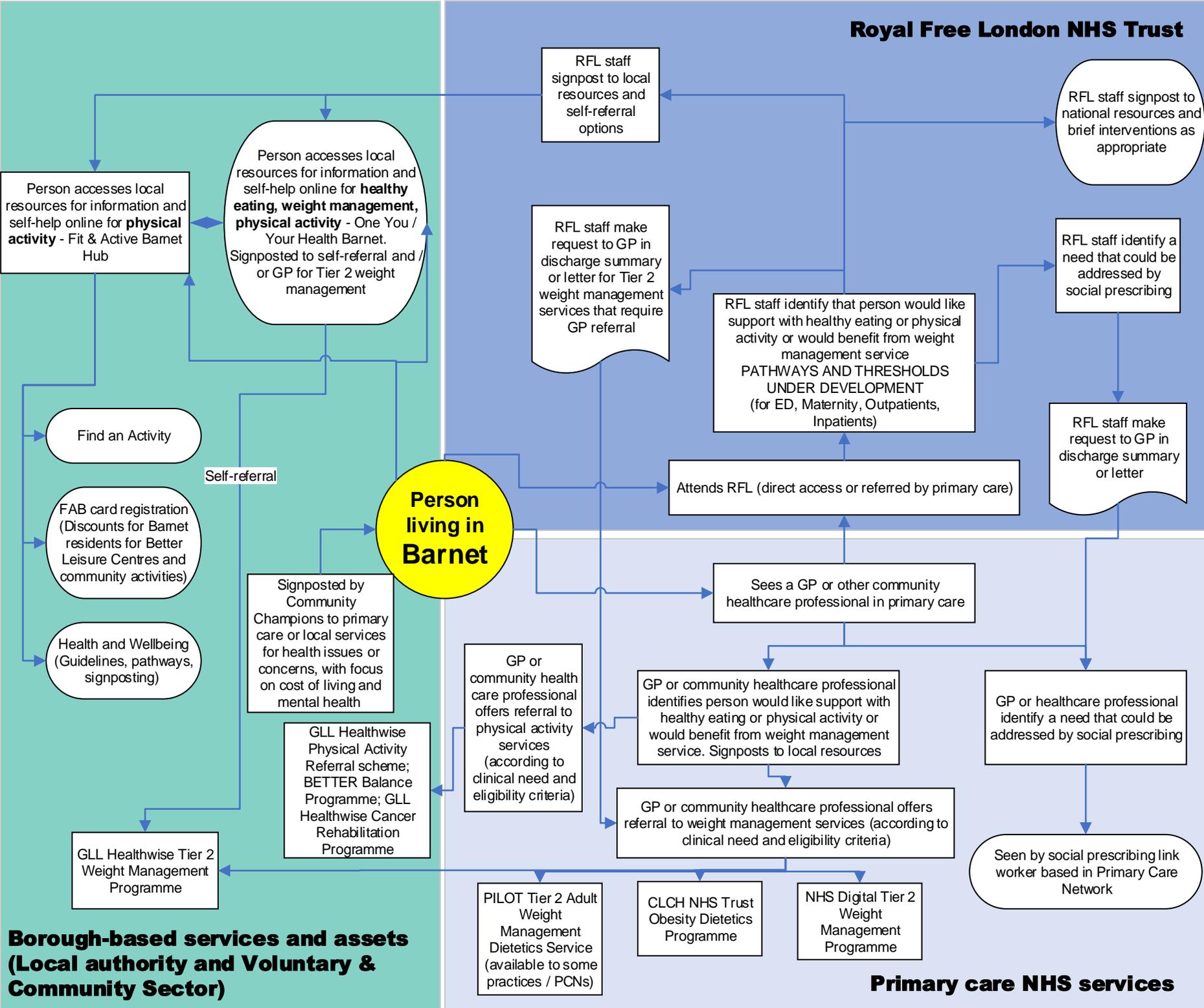
Healthy Living Hub Barnet Task and Finish group
 Last updated: 24 November 2022

All pathways are for adults aged 18+ years

Websites:
 One You Barnet (will be replaced by Your Health Barnet)
<https://www.oneyoubarnet.org/>

Fit & Active Barnet hub
<https://www.better.org.uk/fab-hub>

Note:
 Additional weight management services are available for people with Type 2 Diabetes or risk factors - Diabetes Prevention Programme, Low Calorie Diet Programme (not shown)
 Tier 4 services are available according to eligibility criteria - Bariatric surgery services at UCLH, Whittington Hospital, St Mary's Hospital (not shown)



Borough-based services and assets (Local authority and Voluntary & Community Sector)

Primary care NHS services

Royal Free London NHS Trust and national resources for NHS staff

Royal Free London Staff

Seeking support for smoking

Seeking support for reducing alcohol intake

Seeking support for healthy eating and physical activity

Sees Healthy Living Hub Advisor, receives advice / brief intervention
PATHWAY UNDER DEVELOPMENT

Accesses staff Nicotine Replacement Therapy offer
UNDER DEVELOPMENT

Sees Healthy Living Hub Advisor, receives advice / brief intervention
PATHWAY UNDER DEVELOPMENT - CONSIDER NEED FOR SUPPORT FROM OCCUPATIONAL HEALTH

Finds information on Staff intranet or through Healthy Living Hub promotional activities

Sees Healthy Living Hub Advisor, receives advice / brief intervention
PATHWAY UNDER DEVELOPMENT

Finds information on Staff intranet or through Healthy Living Hub promotional activities

Advisor signposts to national NHS staff offer for smoking cessation (from 2023)

Finds information on Staff intranet or through Healthy Living Hub promotional activities

Signposted to Digital Weight Management Programme for NHS staff (according to eligibility criteria)

Borough-based services

Advisor looks up person's local smoking cessation service through MECCLink website based on their home address and offers to refer person

Signposted to ways to find local services based on home address

Advisor looks up person's local service through MECCLink website based on their home address and signposts to self-referral

Signposted to ways to find local services based on home address

Advisor looks up person's local services through MECCLink website based on their home address and signposts
PATHWAY UNDER DEVELOPMENT

Signposted to ways to find local services based on home address

If staff member works at an RFL site in Camden, Advisor offers referral to Camden Breathe as an alternative option

Signposted to Camden Breathe (for staff working at an RFL site in Camden)

Signposted to RFL staff offers

If staff member works at an RFL site in Barnet, signposted to One You / Your Health Barnet and Fit & Active Barnet hub*

Signposted to local websites and offers based on RFL site (Barnet, Camden, Enfield)

If staff member works at an RFL site in Barnet and has a GP in Barnet, Advisor offers referral to Stop Smoking Barnet as an alternative option

If staff member works at an RFL site in Camden, signposted to One You Camden and Camden Active*

If staff member works at an RFL site in Enfield, signposted to Active Enfield*

Pan-London and national resources

Advisor has option to also signpost to Stop Smoking London and national resources

Signposted to Stop Smoking London and national resources

Advisor also signposts to national resources

Signposted to national resources

Advisor also signposts to national resources

Signposted to national resources

*Eligibility varies across local services / offers and may not include staff working in the borough