

Do you know your sexual health?

Free testing for sexually transmitted infections (STIs) or HIV



Not everybody gets symptoms, so if you think you are at risk it is important to get tested, even if you think you feel fine.

- Order a free test kit online from Sexual Health London www.shl.uk
- Visit one of Barnet's Sexual Health Clinics www.sexualhealth.cnwl.nhs.uk
- Get tested for HIV at an HIV Point of Care Testing location near you: www.brook.org.uk/find-a-service

Regular contraception



Visit a Sexual Health Clinic for free advice and services for all methods of contraception including implants and coils.

Condoms and the C-Card. Condoms protect against both unplanned pregnancy and STIs. Anyone can get them for free from Sexual Health London www.shl.uk or one of Barnet's Sexual Health Clinics.

- **Under 25s** can sign up to the **C-Card scheme** and pick up free condoms from local outlets like pharmacies, youth services and shops. www.brook.org.uk/c-card.

UNDER 25s

Emergency contraception



Emergency contraception is available for free from Sexual Health London www.shl.uk, and Barnet Sexual Health Clinics (the emergency coil may be offered in clinic).

It is also available to buy at many pharmacies.

- **Under 25s** can get emergency contraception for free from some community pharmacies in Barnet.

UNDER 25s

PrEP and PEP HIV Prevention



PrEP is a medication for people who are HIV negative, to help prevent them from getting HIV if they are at high risk. PEP is a treatment that can stop an HIV infection after the virus has entered a person's body. It must be taken as soon as possible after exposure but within 72 hours. Scan the QR code to find out how to get PrEP and PEP in Barnet.

Scan the QR code or visit: www.sexualhealth.cnwl.nhs.uk



Sexual Health Clinics in Barnet



Edgware Community Hospital (HA8 0AD) and

Vale Drive Primary Care Centre (EN5 2ED)

- If you are under 18, please walk-in during opening times for contraception, testing and treatment.
- If you are over 18 please visit us online or call us for support and appointments.
- If you are over 18 and unable to make an appointment but need some help, please walk-in during opening times and we can support you to make an appointment.

- **Edgware Community Hospital** offers a dedicated young people sexual health drop-in clinic every Tuesday 3.30-6.30pm.

UNDER 18s

Scan the QR code below or call **020 3317 5252** (Mon-Fri 8.45am-12pm).

Don't guess your sexual health. Get tested.

Caring for people, our places and the planet

www.barnet.gov.uk/sexualhealth

BARNET
LONDON BOROUGH