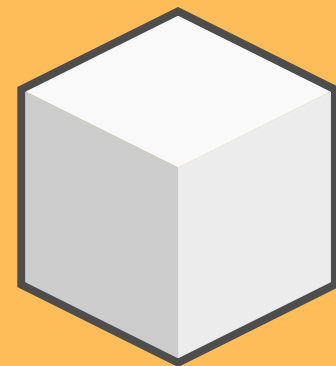


**Make a pledge  
to go Sugar  
Smart!**



**SUGAR  
SMART**  
Barnet

**Click [here](#) to sign up your school  
or early years setting!**

## **What is Sugar Smart Barnet?**

Sugar smart is a local campaign that encourages organisations such as businesses, schools and early years settings to join the movement to reduce sugar and its effects on ill health. Organisations who sign up to support the campaign are required to make a sugar smart pledge.

## **What is a Sugar Smart action?**

This is an action that a setting commits to in support of reducing sugar consumption. Examples such as promoting water, removing sugary drinks, hosting sugar awareness events can be found [here](#).

## **Why should your setting join?**

Sugar Smart is not time or labour intensive. There is a wealth of resources and support already available. You will be supporting efforts to protect children from the negative effects of high sugar consumption. Also, signing up could help your setting towards achieving a Healthy Early Years/Schools London award!

**For questions or queries please contact:**  
**[Lauren Neill](#) (early year's settings) or**  
**[Michelle Leon](#) (school settings)**