



THE BRIDGE SERVICE

In Barnet, Camden and Islington

For adults with learning disabilities



The Bridge is a sexual health service for anyone over 16 with a learning disability in the borough of Barnet, Camden or Islington

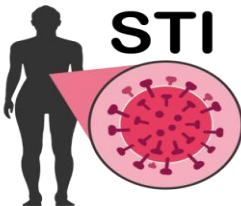
At the Bridge Service we offer



- advice and support on sex and relationships



- free contraception and condoms



- tests and treatment for sexually transmitted infections (STIs) and HIV



- friendly healthcare staff



- appointments with a doctor if needed



- pregnancy advice and contraception help



- LGBT friendly service
LGBT stands for Lesbian, Gay, Bisexual and Trans



- a safe place to report any worries or concerns



- a private and confidential service



For advice or to book an appointment call:



077 38 26 13 23 in Camden or Islington

077 38 26 13 19 in the Borough of Barnet

What happens when you come for your appointment at one of our clinics?

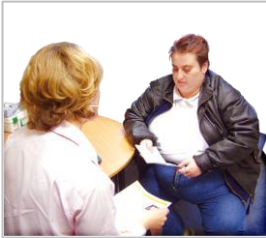


You can bring someone with you – a friend, a carer or support worker - but we might ask to speak to you on your own first



Go to the reception desk

Say you are here for a Bridge appointment and tell them your name



You may need to give us some more information about why you have come to the clinic – we will help you with this in private



Take a seat in the waiting area and someone will come and call out your name



We may need to ask you personal questions about sex and your body

It helps to tell us as much as you can



Tell us if you feel uncomfortable



Everything you tell us is kept private



Sometimes we might need to talk to someone else if we are worried about your safety

We will let you know if this happens



We might need to examine you if you have pain or a rash or something you are worried about



You might need to undress from the waist down for this



Next, you will have some tests done



We will explain these to you and you can do some of them yourself



You may need a blood test - please tell us if you are worried about this



You can say stop at any time



We may give you some tablets to take with you – make sure you understand how and when to take them



How would you like to get the results of your tests?



We can phone you, or send you a text or an email



The doctor or nurse might ask you to come back to the clinic



We will book another appointment for you before you leave



You can write important information here and bring this booklet with you to your appointment



My Bridge clinic number

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Medication I take



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Allergies



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Communicating with me



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My likes



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My dislikes



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Archway Centre

681-689 Holloway Road
Archway,
London, N19 5SE



Mortimer Market Centre

Capper Street off Tottenham
Court Road
London, WC1E 6JB



Edgware Community Hospital

Burnt Oak Broadway,
Edgware, HA8 0AD



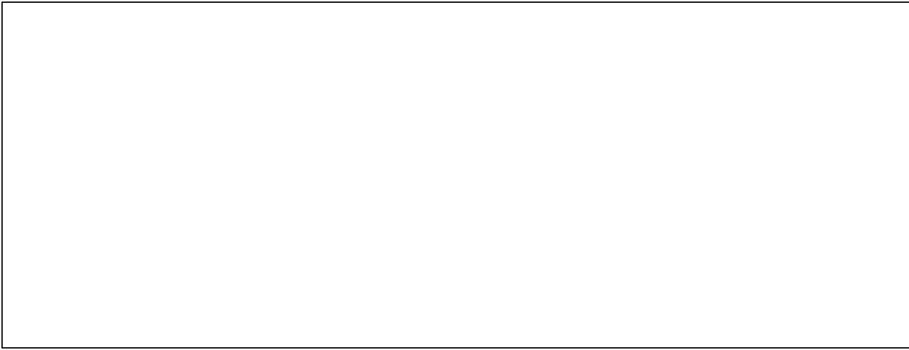
Vale Drive Primary Care Centre

Vale Drive, Barnet
Greater London, EN5 2ED

**For more information and to book
appointments call:**

077 38 26 13 23 in Camden or Islington

077 38 26 13 19 in Barnet



www.sexualhealth.cnwl.nhs.uk

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