



Welcome to your January and February newsletter!



February 2018

You've received this newsletter because you are signed up to the **People Bank**. The People Bank is the group of people who are invited to get involved in events and activities to help us improve social care and health.

In this newsletter you will find:

- 1. An opportunity to be a judge on our Dragon's Den for new technology
- 2. An opportunity to be part of a Digital User Group
- 3. Invitation to an autism awareness session
- 4. Information on reporting a hate crime in Barnet
- 5. An opportunity to join up with other handcyclists in Barnet

1. Interested in new technology?

You can be a judge on a Dragon's Den style competition! This competition will look at how we can use technology in **new and exciting** ways in health and social care. It is a **one-off opportunity** for someone to help us find new products and innovations that we can use in Barnet.



To apply, please write a **short statement** (up to 150 words) on why you would make a good judge in this competition.

You might want to talk about:

- your interest or experience with technology and new ideas
- your experience of adult social care services
- how and why you would be a fair judge

Don't forget to include your name and contact number. The deadline is **Monday 19** February.

Send the statement to **engage.adults@barnet.gov.uk** or

Engagement Lead

Adults and Communities

Barnet House

1255 High Rd

London N20 0EJ









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2. Join our Digital User Group

We are setting up a Digital User Group. This is a regular group looking at how we use technology in adult social care.

It will be a board of 3-5 people to help us with our **digital plans and projects** in Barnet.



If you join you will have a chance to give your views on new ideas, test out new technology and have a direct impact on our plans.

To find out more and get an application form, visit www.barnet.gov.uk/citizen-home/adult-social-care/have-your-say/Current-opportunities -to-get-involved.html You can also email **engage.adults@barnet.gov.uk** or call us on **020 8359 4712**.

The deadline for this opportunity is Monday 19 February.

3. Your invitation: Autism awareness session



Join us on Monday 19 February for an Autism Awareness Event for family, friends and carers of Autistic people.

Our speaker has Autism and explains Autism from an insiders point of view.

Find out...why do autistic people do the things they do? How can we improve our communication with autistic people?

The event will be from **10.30am -12.30pm** on **Monday 19 February** at the **Barnet Mencap** offices (35 Hendon Lane, Finchley N3 1RT)

Call Barnet Mencap on 0208 349 3842 to book a space.









4. Do you know where you can report hate crime in Barnet?

Did you know there are nine reporting centres across Barnet where you can report hate crime? You can also report to the police (101) or online.

Hate crime is any crime which is motivated by hatred of part of someone's identity. For example their disability, sexual orientation, race, religion, or gender.



Hate crime might include verbal harassment, damage to property, physical violence, or online abuse.

It is important to:

- speak up
- get support
- report hate crime.

If you think that you have seen or experienced hate crime, you can report it. This can be anonymous and confidential if you want.

The nine reporting centres include Barnet Mencap, Inclusion Barnet and Your Choice Barnet. You can report to any of these and they will know what to do next.

For more information contact **Reshma** the Hate Crime Reporting Coordinator at Barnet Mencap on 020 8349 3842.

5. Are you a keen handcyclist looking to link up with others?

We are looking for people who use a handcycle or other accessible bike and would like to link up with others to explore the cycle routes around Barnet. There are a few routes recommended by Barnet Cycle Campaign, but are there others that we don't know about?



If you are interested in being part of an accessible cycling group, or want to share your knowledge about routes in Barnet, get in touch with john.mccafferty@barnet.gov.uk or 020 8359 7839.

You have received this newsletter because you are part of Barnet Council's People Bank. If you no longer want to get these newsletters and would like to have your name removed from the database please email engage.adults@barnet.gov.uk or call 020 8359 4712.



