



Activities Timetable – Summer Holiday 2018 (23 July – 17 August)
Bell Lane Children's Centre (based at Bell Lane Primary School)
Bell Lane, Hendon NW4 2AS Tel: 020 8203 3115 (option 3)
email: ccentre@belllane.barnetmail.net
Opening hours 9am-5pm

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Vitamin Collection</u> 8.30 – 10.30am Bring your Healthy Start vouchers to collect vitamins from the Centre	<u>Stay and Play</u> 10-11am Themed play session for families with children under 5 (children under 8 also welcome if accompanied by an under 5) Drop-in £1 per family 24, 31 July & 7, 14 August <u>Speech & Language Advice – in Stay & Play</u> Drop-in with the Speech & Language Therapy Assistant. 24, 31 July & 7 August	<u>Baby Clinic</u> 9.15 – 11.15am Baby weighing and Health Visitor drop-in session Last entry strictly before 11:15am	<u>Volunteering Information Drop-in</u> 9.30-11.30am Are you interested in becoming a volunteer? Would you like to gain experience in office duties or work with children under five? Please contact Bow	<u>Royal Free Hospital Midwifery Service</u> 12 – 4pm Postnatal services By appointment only
<u>Development Reviews Health Visitor Service</u> 9 – 11.30am By appointment only	<u>Welfare Rights</u> 9.30 – 12noon Drop-in service with Amina Baadhio Information about benefits and how to apply 17, 31 July & 14 August	<u>Sensory Baby</u> 9.30 – 11am (Singing 10:15 – 10.45am) Sensory play for non-walking babies. Feeding advice available. Drop-in 50p per family 25 July & 1, 8, 15 August 2018	<u>Baby Massage</u> 10.30 – 11.30am Drop-in £2 per child For babies after 6 week check to crawling only. Maximum 8 babies per session 26 July & 2, 9, 16 August 2018	<u>Toddler Rhyme Time</u> 10 – 10.45am Drop-in £1 per child/ £2 per family (children under 8 also welcome if accompanied by an under 5) 27 July, 3 & 10 August
<u>Stop Smoking Support</u> 10 – 12 noon Please book at reception	<u>Chatty Play</u> 1.30 - 2:15pm 2:30 – 3:15pm Speech & Language 10, 17, 24, 31 July & 7 August 2018 By invitation only	<u>One-to-one Feeding Advice by Appointment</u> 1 – 3pm Information and support on breastfeeding, bottle feeding & weaning Please book at reception	<u>Family Support Drop In</u> 9.30-11.30am Drop in Free 1-1 confidential advice and support on a range of support, advice and services available through your local Children's Centre and our partner agencies. 27 July & 3, 10, 17 August	<u>Children's Centre Fixed Closure: 20 - 31 August</u> <u>Children's Centre Closed INSET Days 3, 4 September</u>
<u>Music and Sparkles</u> 11 – 12 noon Drop-in £2 per child / £3 per family For families with children under 5 (children under 8 also welcome if accompanied by an under 5) 23, 30 July & 6, 13 August 2018	<u>Back to Work</u> 2 – 5pm Drop-in for information on local workshops and services to support you back into work Free	<u>Development Reviews Health Visitor Service</u> 1 – 4.30pm By appointment only	<u>Time to Talk</u> 2 – 4pm An opportunity to talk about childcare, Free Early Education, employment support, parenting concerns, healthy living, behaviour support and more... Please book at reception	



Additional activities provided from our link venues

Monday	Tuesday	Wednesday	Thursday	Friday
Please Note <ul style="list-style-type: none">- Timetable correct at the time of going to print – please contact the centre directly for up-to-date information.- We have messy activities and water in our stay and play sessions so please wear old clothes/bring a change of clothes for your child.- Bell Lane Children's Centre will be closed on:<ul style="list-style-type: none">• 20 August – 31 August 2018 – Fixed Closure• 3 September & 4 September 2018 – Inset Days		Regular Services/Sessions <p>Weekly Baby Clinic - Health Visitor, Breastfeeding Support, Information on bottle feeding and weaning, Toilet Training, Family Support and Community Outreach, Vitamin Collection, School Transitions, Sleep, Behaviour, Oral Health & Healthy Eating.</p> <u>Bus routes to Bell Lane Children's Centre</u> <p>143, 183, 242, 326, 83</p> <p>Nearest underground train station is Hendon Central</p>		

South Locality Children's Centres

We work in partnership to offer a range of services with other children's centres in our locality:

- **Child's Hill Children's Centre**, Dersingham Road, Cricklewood, NW2 1SL
020-8450-2141
- **Parkfield Children's Centre**, 44 Park Road, West Hendon, NW4 3PS
020-8359-3590
- **The Hyde Children's Centre**, Hyde Crescent, Colindale, NW9 7EY
020-8200-2959

For further information please go to www.barnet.gov.uk to view their timetables.