

Spring Term Activities

(8 January – 29 March 2018)

BEYA – Barnet Early Years Alliance Children's Centre
(At: Brookhill, Hampden Way and St. Margaret's Nursery School)

Tel: 020 8449 5466, Option 5

Email: admincc@hampdenway.barnetmail.net

Monday	Tuesday	Wednesday	Thursday	Friday
Stay & Play Starting from 15th January 9.30am - 11am Age: Under fives Cost: £1 per family Held at Queenswell School, N20 0NQ	Midwives Appointments 9.15am - 12.30pm Please ring the Midwives at Chase Farm Hospital on 020 8375 1751 to book Held at BEYA , Brookhill Nursery, EN4 8SD	Nursery Show Round (for two and three year olds and 30 hour free entitlement) Held at BEYA , Hampden Way Nursery School, N14 5DJ Every Wednesday 9am & 1pm (prompt start) Bookings only. Please call 020 8449 5466 Option 3	Development reviews with health visitor 8.30am - 1pm By invite Held at BEYA , St. Margaret's Nursery EN4 9NT	Nursery Show Round (for two and three year olds and 30 hour free entitlement) Held at BEYA , Brookhill Nursery School, EN4 8SD Every Friday at 9am (prompt start) Bookings only. Please call 020 8449 5466 Option 2
Nursery Show Round (for two and three year olds and 30 hour free entitlement) Held at BEYA , St Margaret's Nursery School, EN4 9NT Every Monday 9.30 (prompt start) Bookings only. Please call 020 8449 5466 Option 4	Childminders Drop in 9.30-11.00am Age: Under fives Held at BEYA St. Margaret's Nursery School EN4 9NT	Parent Workshops (Ring to book – Minimum 6 parents) 24 January – Supporting Early Writing 9-10am, 1-2pm, 7-8pm 28 February - Maths Everyone 9-10am/1-2pm 28 March – Talk Pants – Keeping Children Safe for Abuse 9-10am/1-2pm (Creche available) Ring to book Held at BEYA, St Margaret's Nursery School, EN4 9NT	Healthy Family Stay and play 9.30am-11am Age: Under fives Cost: £1 per family Support with FEE2 available. Held at BEYA St Margaret's Nursery School, EN4 9NT	SEN parents coffee morning support group (working in partnership with Fair Play) 9.30am – 11am & 1-3pm 26 January, 23 February, 23 March 2018 Held at BEYA , St. Margaret's Nursery School EN4 9NT
	Walk & Talk in the local community 9.15-11am Age: Under-fives and their parents/carers Meet at BEYA , St Margaret's Nursery EN4 9NT	Stay & Play 9.30-11 am Age: Under fives Cost: £1 per family Held at BEYA St. Margaret's Nursery School EN4 9NT		Good Start, Great Start parenting programme 1-3pm Held at BEYA , St Margaret's Nursery School, EN4 9NT
	Family Friendly advice drop in Drop in for parenting, boundary setting, sleep routines, toilet training, and childcare and fee 2 etc. 9am - 1pm Held at BEYA St. Margaret's Nursery EN4 9NT	Baby Massage (including breastfeeding support and advice) 10.30-11.30 am Age: Three-Four months Cost: £8.00 for a 4 week course Held at All Saints Church Hall, 122 Oakleigh Road North, London, N20 9EZ Please call to book a place on 020 8449 5466 Option 5	Baby group 1.-2.30 pm £1 per family Age: Non Walkers Pregnant women welcome Held at BEYA , St Margaret's Nursery School, EN4 9NT	

Monday	Tuesday	Wednesday	Thursday	Friday
Stay and Play 1-3pm Cost: £1 per family Support with FEE2 available. Held at BEYA , St Margaret's Nursery School EN4 9NT	Stay and Play 1-3pm Cost: £1 per family Support with FEE2 available. Held at BEYA , St Margaret's Nursery School EN4 9NT Featuring Healthy Cooking Sessions with a qualified Barnet chef	Baby Group 1-2.30pm £1 per family Age: Non Walkers Pregnant women welcome Held at All Saints Church Hall; 122 Oakleigh Road North, London, N20 9EZ	Breastfeeding support and advice (available on request throughout baby group session) 1-2.30 pm Age: Non Walkers Pregnant women welcome Held at BEYA , St Margaret's Nursery School, EN4 9NT	
		Breastfeeding support and advice (available on request throughout baby group session) 1-2.30pm Age: Non Walkers Pregnant women welcome Held at All Saints Church Hall, 122 Oakleigh Road North, London, N20 9EZ		

ADVICE, TRAINING & SUPPORT

FEE2 Advice & Support:

Do you require support accessing Free Early Education for Two Year Olds? A member of our outreach team will be able to offer you free support with this. Please call 020 8449 5466 – **Option 5** to make an appointment.

Please ask for Paulette, Denine Sandra or Jenny

30 hour entitlement for 3 and 4 year olds

Do you require support accessing 30 hour entitlement for your 3 or 4 year old? A member of our outreach team will be able to offer you free support with this. Please call 020 8449 5466 – **Option 5** Please ask for Paulette, Denine, Sandra or Jenny
Alternatively, please attend any of our stay and play sessions where advice and support will be readily available.

Extended Services – Holiday Provision at BEYA Brookhill Nursery School

We also offer a Breakfast & Tea provision for children attending BEYA schools. Our **Holiday Provision** is available for BEYA nursery children and for 4-7 year olds who attend local primary schools.

Please call: 020 8449 5466 option 1 to enquire about availability

East and Central Locality Children Centres

Underhill: EN5 2LZ (020 8449 2423)
BEYA: N14 5DJ (020 8449 5466 option 5)

Newstead: N2 8LG (020 8359 3460)
Coppetts Wood: N10 1JS (020 8883 2985)

Healthy start vitamins and Food Bank Vouchers

We can provide advice and support on Healthy start vitamins and food bank vouchers

Breastfeeding and feeding support

We have trained practitioners that can support breastfeeding and feeding advice. One to one breastfeeding advice and support is also available at our baby groups.

Job Centre Plus

We work in partnership with Job Centre Plus who offers one to one advice in job searching and career choices.

Family Support and Outreach Services

Our Family Support Team provides a range of Stay and Play activities. We also offer advice and support for all families around a range of issues either in the centre, home visits or within the wider community.

Welfare Rights Advice

For parents who want to find out how the welfare reform affects their family.

Speech and Language Therapy surgery

If you find your child is having difficulties with speech and/or language development please call and book an appointment with our Speech and language therapist.

FOR ALL OF THESE SERVICES, PLEASE CALL 0208 449 5466 option 5

Regular Services at BEYA Children's Centre

Advice and support available regarding:

- Weaning
- Toilet training
- Behaviour management
- Sleep
- Fussy eating
- Smoking cessation
- Plus any other parenting issues

IAPT Counselling

IAPT is a service that provides quick, easy access to psychological therapies for people experiencing depression and anxiety. For referrals, please speak to a member of staff.

****Please note: Timetable correct at the time of going to print. Please contact the Centre directly for up to date information or visit our website www.barnet.gov.uk***