

Barnet Youth and Community Service

Youth Work-Plus Programme

We are looking for volunteer trainee Youth Workers and Life Coaches to work with young people from all walks of life including vulnerable young people. Some young people on this project may be at risk of the following:

- academic underachievement
- social/school exclusion
- being NEET (Not in Education, Employment or Training)
- involvement in Gang and criminal activities (Including drug misuse)
- mental health and emotional struggles.

In response, the Project aims to support, encourage and productively challenge young people to define and work towards their personal goals as well as develop their personal and social skills.

Overview of Role

Youth Work: As a trainee Youth Worker you will have the opportunity to work with groups of young people within the borough of Barnet. This may be in a youth club or youth project setting or even out on the streets.

Life Coaching: As a trainee Life Coach your skills, personality and location will be matched appropriately to an individual that has requested support on a one-to-one basis. Every individual has different needs therefore what they require will be determined on their circumstances. So your responsibilities could be:

- offering emotional support through times of change
- helping individuals decide what to do next
- providing encouragement, guidance and support in finding a college course or new job
- helping individuals achieve specific goals
- developing individuals skills needed to achieve greater independence
- sign-posting individuals to access information and advice relating to their action plan.

Who should apply?

You do not need any qualifications, training or experience but:

- if you are passionate about working with young people.
- if you can give 1 hour of your time to coach a young person each week and also support a youth activity one night per week
- if you are willing to learn new skills / knowledge
- if you are willing to participate in Youth Work training and produce a folder of evidence
- if you are willing to comply with DBS check (Disclosure and Barring Service).

What will I get out of it?

As a volunteer you will get:

- enrolled onto an accredited Youth work training programme- attendance is compulsory and on-going throughout the year
- you will get a certificate to show you have had this training
- on-going personal development support
- an opportunity to learn and develop a range of new skills
- satisfaction from knowing you are making a difference to young people's lives and within your community
- to meet different people from various walks of life and build new relationships
- to add to your experience which would be useful for employers.

This is a fantastic learning and development opportunity, while at the same time helping young people achieve their own personal aspirations and goals.

If you want to make a difference to someone who needs your support and want to be part of this exciting programme, we would love to hear from you!

The role is subject to a DBS check (Disclosure and Barring Service).