

Minutes
Mental Health Partnership Board
Tuesday 8 October 2013
Barnet House, 1255 High Road, Whetstone N20 0EJ

Attendees (listed alphabetically by first name)	
Allan Johnson (AJ)	Multilingual Wellbeing Service
Chrystalla Karvella (CK)	Eclipse Service
Deryn Howard (DH)	The Network
David Morris (DM)	Carer Rep
Elsie Lyons (EL) Co-Chair	Barnet Voice
Gillian Goddard (GG)	Depression Alliance
Helen Price (HP)	The Network
Iain Hird (IH)	One Housing Group
Jeff Lake (JLa)	Public Health
Jonathan Ashby (JAs)	Barnet Bipolar Self-Management Groups
Karen Jackson (KJ)	Barnet Council, Senior Management Team
Karen Nelson(KN)	Eclipse Service
Karina Vidler (KV)	Barnet Council and Barnet Clinical Commissioning Group
Kim Eng Sherwood (KES)	Service User
Kim Spicer (KS)	Mind in Barnet
Leah Murphy (LM)	Service User
Lucy Nyoki (LN)	The Network
Lynn Hoey (LH)	Service User Rep
Nazee Akbari (NA)	Barnet Refugee Service
Ross O'Brien (RO)	Improving Access to Psychological Therapies (IAPT)
Sharon Racklyeft (SRa)	Service User Rep
Temmy Fasegha (TF)	Barnet Council and Barnet Clinical Commissioning Group
Tracey Kane (TK)	Barnet Council (Minutes)
Wilfred Canagaretina (WC)	Healthwatch Barnet
Attending	
Cllr Alison Cornelius (AC)	Barnet Council (Item 4 onwards)
Cllr Graham Old (GO)	Barnet Council
Peter Cragg (PC)	Older Adults Partnership Board Co-Chair

Shailja Kumar (SK)	Stoke Association
Presenting	
Gary Johnson (GJ)	Barnet Council (Item 5)
Ian Hutchison (IH)	Barnet Council (Item 4)
Jackie Liveras (JLi)	Barnet, Enfield and Haringey Mental Health Trust (BEHMHT) (Item 2)
Apologies	
Anna Clarke (AC)	The Manor House Centre for Psychotherapy & Counselling
Anne Ince Vize (AI-V)	Depression Alliance/Rethink
Aviva Trup (AT)	Jewish Care
Bharat Taank (BT)	Service User
Caroline Collier (CC)	Barnet Centre for Independent Living
Dr Carole Solomons (CS)	Barnet Clinical Commissioning Group
Dr Charlotte Benjamin (CB)	Barnet Clinical Commissioning Group
Claire Newton (CN)	Barnet Voice
Hazel Hewett (HH)	Relate London North West
Helen Duncan-Turnbull (HD-T)	Barnet Council
Janet Alldred (JAI)	Barnet, Enfield and Haringey Mental Health Trust (BEHMHT)
Maria O'Dwyer (MOD) Co-Chair	Barnet Clinical Commissioning Group
Michelle Crouch (MC)	One Housing Group
Ranil Jayasinghe (RJ)	Service User
Richard Akpengi (RA)	One Housing Group/One Support
Teresa Gilchrist (TG)	Carer Rep
Ulla Chisholm (UC)	Carer Rep

Item No	Description	Action By
1	Welcome, Introductions and Apologies EL welcomed all to the meeting including Councillor Old, Karen Jackson, Assistant Director, Adults and Communities, and Peter Cragg, Co-Chair of the Older Adults Partnership Board. Introductions were made and apologies noted.	
2	Presentation on BEHMHT Service Transformation Project 2.1 JLi gave a presentation on the Trust's Service Transformation Project (Attachment 1) reporting that: <ul style="list-style-type: none"> A comprehensive review has identified the need to simplify and rationalise entry to services. 	

2.2	<ul style="list-style-type: none"> • Service transformation will include setting up two new services by the end of November 2013: <ul style="list-style-type: none"> - The Triage Service (non-urgent 9.00am to 9.00pm service) - Crisis Resolution and Home Treatment Service (24/7 responsive service). <p>There was a discussion, during which the following key points were made:</p> <ul style="list-style-type: none"> • Some members expressed concern about waiting times for psychological treatments. JLi explained that the new service model would provide a 'front door' to services with senior clinicians making informed assessments. • Some members expressed concerns about the quality of services following assessment. • The need to provide information to people on waiting lists was stressed, particular on how to gain rapid access to treatment if things deteriorated. • There is a need to ensure clear understanding of what is urgent and non-urgent <p>Action 1: Invite a Service Lead and Clinical Lead from the Trust to a future Board meeting to discuss how the new service model is working.</p>	TF
3	<p>Discussion on Public Mental Well-Being Plan</p> <p>3.1 JLa presented paper 1, outlining the activities being led by the Barnet Public Health Team contributing to public mental well-being.</p> <p>It was noted that a range of investment is taking place including:</p> <ul style="list-style-type: none"> • Early years – support for mothers and babies • Work in children's centres • Emotional wellbeing in schools • Back to work support for people with diagnosed mental conditions • Work space health promotion • Physical activity • Ageing well programme <p>3.2 Members made the following comments on the work plan:</p> <ul style="list-style-type: none"> • KES referred to the positive effect of regular exercise in preventing mental health problems, and the expense of exercise being a barrier for residents in Barnet. JLa observed that outdoor gyms in local parks are free to use and encouraging more to use them could address the barrier. JLa also suggested that Public health's small grants programme for community activities would helpful make exercise accessible. • PC pointed out that the public do not always know about exercise activities and the need to invest in their promotion. • RO welcomed the work plan's holistic approach and commented that areas such as children's services, schools and older adults would benefit from working together. 	

	<ul style="list-style-type: none"> TF reported that the Mental Health Commissioning Strategy is now in place and the next step is implementation. Working groups are focussing on: <ul style="list-style-type: none"> Prevention and early intervention Primary care and community support Secondary care Specialist areas of commissioning, such as eating disorders, personality disorders <p>Action 2: Provide any comments on the Public Mental Well-Being Work Plan to Jeff Lake by the end of October: jeff.lake@harrow.gov.uk</p>	All
4	Workshop on Re-commissioning of Wellbeing Services	
4.1	IH delivered a presentation on plans for the re-commissioning of wellbeing services (Attachment 2), outlining current arrangements, service review findings and proposed groupings of services. It was noted that Barnet CCG will lead on the re-commissioning of IAPT services.	
4.2	<p>Members worked in three discussion groups focussed on proposed service groupings:</p> <ul style="list-style-type: none"> Talking Therapies, Counselling and IAPT Health and Community Access Self Management and Peer Groups <p>Each group considered:</p> <ol style="list-style-type: none"> Are there any gaps? What are the priorities/opportunities? Who needs to be involved in the design and how? <p>Action 3: Circulate a summary of workshop discussion to the Board.</p>	IH
4.3	EL welcomed Councillor Cornelius to the meeting.	
5	<p>Consultation on changes to funding of social care</p> <p>GJ gave a presentation on the national consultation on proposed changes to social care funding (Paper 2 and Attachment 3). It was noted that the government's proposals include:</p> <ul style="list-style-type: none"> from April 2016 introducing a £72,000 cap on care costs. from April 2015, allowing people to delay paying their care home fees. <p>Action 4: Provide comments on the proposed changes to GJ by 16 October gary.johnson@barnet.gov.uk</p>	All
6	<p>Presentation on Autism Self Evaluation</p> <p>TF delivered a briefing on the 2012/13 self assessment framework and presented the draft Barnet Autism self-evaluation for 2013 (Paper 3).</p>	

	<p>It was noted that:</p> <ul style="list-style-type: none"> The draft self-assessment was collated using information from different sources including feedback from people with autism and their carers on the Autism Subgroup. Actions have been identified as part of the exercise for inclusion in the updated Barnet Autism Action Plan, once agreed with key stakeholders. <p>The self-assessment has identified the need to consider:</p> <ul style="list-style-type: none"> how to support people diagnosed with autism how can we help people who do not get social care support raising awareness of training making sure services are more autism friendly <p>Action 5: Provide any comments on the draft self-assessment to TF by 14 November: temmy.fasegha@barnet.gov.uk</p>	All
7	<p>Update on Plans for World Mental Health Day 2013</p> <p>AJ gave an update on events being held in relation to World Mental Health Day on Thursday, 10th October, reporting that:</p> <ul style="list-style-type: none"> in order to target wider communities, roadshows were held in different parts of the borough: Barnet College, Lodge Lane, Finchley and Sainsbury's in Colindale. a full day event is planned with lots of activities and speakers at the Greek Cypriot Centre on 10th October. In the evening there will be arts, zumba, yoga, Indian head massage, saxophone playing and refreshments. <p>EL thanked AJ and the planning group for organising the events, and encouraged all to attend.</p>	
8	<p>Minutes of Last Meeting, Actions Review and Matters Arising</p> <p>The minutes were agreed as an accurate record. Progress on actions was reported and the actions log was updated (attached). There were no matters arising.</p>	

9	Any other business	
9.1	<p>EL reported that at a meeting of 35 members it was unanimously decided that Barnet Voice would not merge with BCIL. A new chair will be appointed in October.</p> <p>Action 6: Circulate invitation to the Barnet Voice Annual General Meeting to the Board.</p>	EL, KV
9.2	<p>PC reported that the co-chairs of the Older Adults and Mental Health Partnership Boards had discussed how responsibility for older adults' mental health could be best apportioned between the two Partnership Boards, and had proposed that:</p> <ul style="list-style-type: none"> - the general responsibility for the mental health of older people aged 65 plus should be transferred from OAPB to MHPB (recognising that general expertise in relation to mental health rests primarily with MHPB, rather than OAPB). - OAPB should continue to lead on Dementia. <p>It was noted that the proposed changes would need to be supported by Cllr. Helena Hart, Chairman of the Health and Well-Being Board.</p> <p>MHPB members supported the decisions made.</p>	
10	<p>Future Agenda Items:</p> <ul style="list-style-type: none"> • Update on Step Down Project (January 2014) • Workshop on the Mental HealthTrust's thematic review on quality and initiatives to improve patient experience (January 2014) • Primary Care and implementation of Mental Health Strategy (April 2014) • Update on the Mental Health Trust's consultation on the Severe Complex Non-Psychotic Service. 	
<p>Next Meeting: Thursday 19 February 2014 , 1.00pm – 4.00pm Committee Room 1, Barnet House, 1255 High Road, Whetstone N20 OEJ</p>		

Mental Health Partnership Board – Actions Log following review at Board meeting 08 October 2013

PART 1 - Open actions			
Date Agreed	Action No	Action	Responsibility
26 July 2013	1	Arrange for an update on the Mental Health Trust's consultation on the Severe Complex Non-Psychotic Service as a future agenda item.	Temmy Fasegha Karina Vidler
14 Feb 2013	2	Identify five people from Mental Health providers who would like to be facilitators in Board workshops (training to be provided).	Karina Vidler

PART 2 - Actions closed at meeting 08 October 2013			
Date Agreed	Action No	Action	Responsibility
26 July 2013	1	Speak with colleagues and update the Board on how the Mental Health Trust is publicising changes in services in Barnet so that service users will know what services are available and how to access these.	Janet Alldred
26 July 2013	2	Provide comments on Healthwatch Barnet's priorities to Selina Rodrigues: selina.rodrigues@communitybarnet.org.uk	All
26 July 2013	3	Look for further venues for World Mental Health Day events to ensure full geographical coverage and accessibility.	Allan Johnson
26 July 2013	4	Link with Barnet Council Adults and Communities Communications Team and the CCG to publicise World Mental Health Day events in Barnet.	Allan Johnson
26 July 2013	5	Link with Public Health to publicise World Mental Health Day events and also regarding Public Health investment in the events.	Allan Johnson
26 July 2013	6	Further update the Board on the extension of the consultation period for the Mental Health Trust Carer' Experience Strategy.	Michael Benson / Jasvinder Perihar
26 July 2013	7	Contact Karina Vidler with any points regarding the Summit held in May 2013.	All

Barnet Clinical Commissioning Group

26 July 2013	8	Report to the Board's next meeting on the impact of Barnet Voice for Mental Health's decision to remain independent of BCIL.	Elsie Lyons
21 March 2013	9	Arrange for a presentation on the NHS 111 Service to the Board's next meeting and for leaflets on the service to be available at the meeting.	Temmy Fasegha Karina Vidler
142013 Feb	10	Issue a standard letter to: <ul style="list-style-type: none"> - current service users and carer members receiving reimbursement of travel expenses and payments - new service user and carer Partnership Board members when they are recruited confirming that they are undertaking involvement and <u>not</u> employment.	Caroline Powls