

## **Prevention and Wellbeing Team profile**

### **Who is in Prevention and Wellbeing Team?**

The Team consists of:

- Team Manager
- Prevention and Wellbeing Officer
- Specialist Dementia Support Assessment and Enablement Officer
- Prevention and Wellbeing Lead
- Prevention and Wellbeing Coordinators
- Engagement Lead

### **What does your team do?**

In the Prevention and Wellbeing Team we:

- act as the strategic lead for Adults and Communities on preventative activity, fostering, developing and strengthening collaborative relationships with the Barnet Voluntary Community Sector Forum and other key stakeholders to deliver better outcomes for residents
- commission carer's preventative and wellbeing services and lead on the Carers Strategy
- support the provision of high quality coordinated information and advice
- lead on social capital capacity building, promotion of volunteering and community cohesion
- develop tools for promotion of preventative support services
- develop the prevention "offer" for residents in Barnet (create new preventative initiatives)
- deliver a Prevention and Wellbeing Coordination Service which works alongside adults with disabilities, mental health illness, older people and their families and carers to remain independent, maximise their wellbeing and stay connected with their communities. In addition Coordinators within the service carry out localised community engagement, encourage community cohesion and develop new resources to support people to remain independent and better self-manage their needs.
- deliver a Specialist Dementia Support Service which works with adults with dementia and their carers over a 4 month period aimed at maintaining and improve their health and wellbeing and reducing risk of carer breakdown
- lead on user engagement (engaging with residents to support us to achieve priorities in health and social care, develop and deliver high quality services)
- lead on Care Space (Adult Social Care assessment hubs- including information and advice and peer support sessions)
- lead on customer services

### **Who do you work with regularly?**

We work with all staff across adult social care including Social Workers, Assessment and Enablement Officers, Occupational Therapists, mental health practitioners, the Care Quality Team and the Development and Quality in Practice Lead. We also regularly work with the Commissioning Group, Public Health, the CCG, Joint Commissioning Unit, Family Services, Libraries, the Sports and Physical Activity Lead, CSG and RE.

Externally we work with local voluntary and community organisations, local business's, GP surgeries, education providers such as Middlesex University and Barnet and Southgate

College, multi-faith groups, the London Fire Brigade, Barnet Homes, sheltered housing and our residents.

We work with all the above to:

- promote independence, physical and mental wellbeing
- reduce ill health and preventable ill health and disability
- support and sustain carers
- support community cohesion, and volunteering
- develop more preventative resources in our community
- reduce demand on formal health and social care services
- promote user engagement
- improve and inform quality of service delivery across health and social care.

**Where do you fit into the customer journey?**

At any point throughout their contact with Adults and Communities and also before entering the adult social care system.

**Anything else you would like your colleagues to know about your team?**

We are very approachable and open to any ideas which will help us join up our local communities and get people involved.

We can also offer you help if you want to discuss a case to explore other kinds of resources that might be available to support a person or family you are working with to achieve good outcomes.

Our Prevention and Wellbeing Service is new so if you are working with an adult(s) who the service could help then please refer them to us.

John McCafferty was in the World Book of Records for pulling a plane with a group of wheelchairs users in 2008.