

Sporting opportunities for young people aged 14 – 19



Our vision is to engage young people aged 14 – 19 in Burnt Oak and Colindale to increase their participation in Sport and Physical Activity, hopefully creating 'A Habit for Life'. Improving young people's life chances through the power of sport.

Contact Barnet Council's Community Sport and Health Activators:
Alesia Carrington tel: 07960 078440 or Email: shape@barnet.gov.uk



For more information visit:
www.barnet.gov.uk/shape

School-Term Sessions

11 September 2017 to 15 December 2017

Monday > Circuits

Burnt Oak Leisure Centre, Watling Avenue, Edgware, HA8 0NP
Time: 5pm – 6
Age: 14 – 19 years
Price: Free

Tuesday > Basketball (Burnt Oak)

Burnt Oak Leisure Centre, Watling Avenue, Edgware, HA8 0NP
Time: 5pm – 7
Age: 14 – 19 years
Price: £2

Thursday > Basketball (Dollis Valley)

The Rainbow Centre, Dollis Valley Drive, EN5 2UN
Time: 5pm – 7
Age: 14 – 19 years
Price: Free

Friday > Football

Burnt Oak Leisure Centre, Watling Avenue, Edgware, HA8 0NP
Time: 4:30pm – 5:30
Age: 14 – 19 years
Price: Free

Saturday > Female Rebounding

Burnt Oak Leisure Centre, Watling Avenue, Edgware, HA8 0NP
Time: 11am – 12pm
Age: 14 – 19 years
Price : Free

Saturday > Female Martial Arts (Self- Defense)

Burnt Oak Leisure Centre, Watling Avenue, Edgware, HA8 0NP
Time: 2:30pm - 4
Age: 14 – 19 years
Price: Free

Please note: Booking required - saswingchun@gmail.com last session on Saturday 2nd December 2017



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