

Quality Assurance

Barnet Healthy Children's Centre programme

The Healthy Children's Centre programme aims to support all services to develop effective and joint provision to address Barnet's health inequalities for children 0-5 years and their families. Our health priorities are:

- ❖ healthy weight, healthy lives(breast feeding, healthy eating and physical activity)
- ❖ improving oral health of children
- ❖ improving child and adult emotional health and wellbeing
- ❖ reducing alcohol and substance misuse
- ❖ increasing smoking cessation and smoke free homes
- ❖ increasing childhood immunisations.

Children's centres will be supported by the children's centre health and wellbeing co-ordinator to:

- ❖ audit their provision according to the Healthy Children's Centre Standards. The self-assessment involves all partners(nursery and outreach staff, health visiting and maternity teams, professionals from child and adolescent mental health service(CAMHS)) and other appropriate representatives
- ❖ receive training where needed
- ❖ identify health priorities using local data
- ❖ plan work to address the identified gaps, according to the centre's and locality's priorities
- ❖ monitor their progress in meeting standards
- ❖ evaluate the impact of their work on the families that they support.

When a children's centre has all the standards in place and they can demonstrate the impact of their work on children's and families' health and wellbeing, they can be recognised as a Healthy Children's Centre. The children's centre will receive a certificate, a logo to use on documents and a window sticker as a sign of their achievement.

Quality Assuring Healthy Children's Centres

1. The Health and Wellbeing Coordinator will meet with the Children's Centre Manager and Health and Wellbeing champion, to confirm that the agreed number of standards are in place and rated green.
2. A copy of the self-assessment is sent to the relevant health professional and the Health and Wellbeing Coordinator to check its accuracy.
3. Representatives from Barnet Public Health and Children's Services review the sections of the centre's Self-Evaluation Forms (SEFs), evidence files and centre development plans.
4. If there is strong evidence that the centres are contributing to an improvement in children and families health, then the centre will be recommended to be recognised as a Healthy Children's Centre.
5. A multi-agency meeting is held to quality assure the recommendation, celebrate the achievements, explore the challenges and the plan for further work. The following people could attend the meeting: a health visitor; a nursery nurse; an oral health team representative; the health and wellbeing coordinator and an Early Years team representative.
6. Children's Centre will receive their Healthy Children's Centre recognition.
7. The Healthy Children's centre recognition should reflect on their continuous work to increase their families' health and wellbeing. Centres that have achieved the Healthy Children's Centre standards will be requested to continue monitoring activities to make sure all the standards stay in place.
8. The Children's Centre's work will be monitored each quarter by the Health and Wellbeing Coordinator or the Health and Wellbeing Champion of the Centre, Barnet Public Health or Children's Services representatives.
9. The self-assessment form will need to be reviewed and updated every quarter by the centres. Update to date and relevant evidence must be provided at the review (e.g. relevant case studies, timetables, evaluation forms etc.) and all staff must be made aware of the information.
10. A review will take place every 6 months to ensure the health provisions within the centres still reflect evidence of making an improvement to the health priorities of Barnet's families and children.