### **Older People**



### **Understanding Our Population and Predicted Changes**

- An increasing older people population
- An increasing population of people living with dementia
- People living longer, with more complex needs and more long term conditions
- An on-going increase in the numbers of frailer people requiring more complex/nursing care

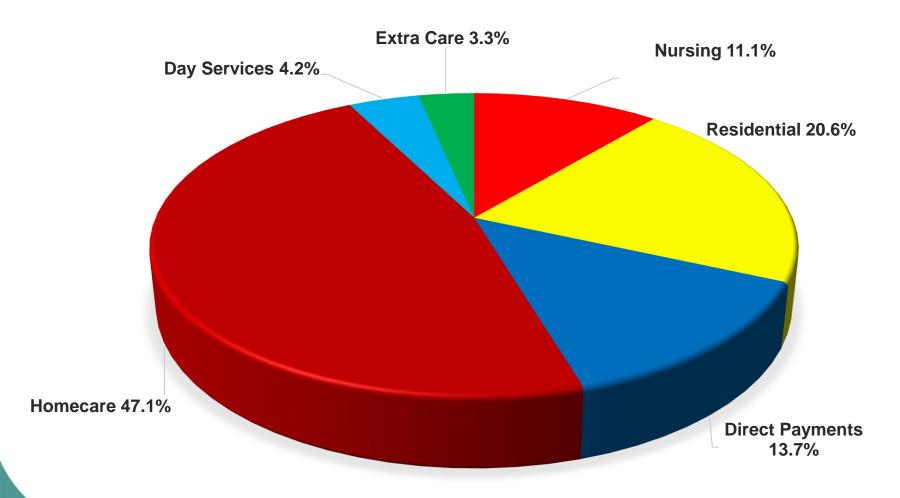
#### **Facts and Figures: Older People**

- 34% (£32.1m) of the Adult Social Care budget was allocated to supporting older people (including dementia) in 2018/19
- The number of older adults in Barnet is expected to rise by 10% (about 5,500) by 2023.
- The number of people aged 65+ who are living alone is expected to increase by 11% (20,600 in 2023).
- Increases in various long-term conditions are projected for older people in the borough. Between 2018 and 2030, the following increases are predicted for older Barnet residents (aged 65+):
  - dementia (47%), diabetes (37%), depression (36%), long term conditions associated with stroke (40%) and limiting long term illness that affects daily activities a lot (41%)
- Barnet will experience one of the largest increases in older residents of all London boroughs over the next five to ten years, and the number of people with dementia is forecast to increase 1.5 times faster than other London locations
- 12,240 older people (aged 65+) registered with a Barnet GP have one or more long term condition (i.e. a long term condition which limits their activities a lot)
- In North London, there are more residential beds and proportionately fewer nursing beds than the London average. From January 2016 to October 2018 beds in older adult nursing homes in Barnet have reduced from 1131 to 973 beds



# Older People Purchased services\*





\*Snapshot of data taken on 29th October 2019



## **Older People**



| What we have now  | What we need  | How can you work with us?  |
|---|---|--|
| We have a broad range of care homes in Barnet especially as Barnet has the highest number of registered care home places for the over 65s of any London borough. Local care homes work effectively with the council to share good practice and improved services. | There is a gap in nursing care provision in Barnet and we want to work with you to look at opportunities to re-designate beds in dual registered schemes or opportunities to re-register residential homes to provide nursing care in order to increase the number of nursing beds available to residents in borough. | Nursing care  If you are a provider in Barnet currently providing a mix of residential and nursing beds we would like to work with you to increase the number of nursing care beds available to Barnet residents.  If you are currently a nursing care provider in Barnet who we spot purchase beds from, we would like to work with you to identify opportunities for Barnet to enter into block contracts with you at a sustainable price.  If you are willing to invest in and develop nursing home capacity within the borough, particularly for people with more complex needs e.g. dementia, physical disability or mental ill health. We would like to look at partnership opportunities and access arrangements to meet growing demand.  We want to work with providers specifically about nursing recruitment and retention, as well as innovation and best practice in nursing care. |
| We currently purchase residential and nursing care through a mixture of block contracts and spot purchasing arrangements.   | The biggest challenge to addressing the shortfall in nursing care places is the significant gap in the nursing workforce.   | Residential care  If you are a residential provider in borough currently providing support to Barnet residents, we want to work with you to support workforce training, where necessary, to ensure staff are equipped with the right skills to effectively support residents with dementia and complex needs and reduce inappropriate hospital admissions.  Nursing care  We are working with North Central London partners on workforce and maintain strong links with local, regional and national workforce initiatives focusing on the health and care system.   |

## **Older People**



| What we have now  | What we need  | How can you work with us?  |
|---|---|--|
| We have worked in partnership with The Barnet Group to develop a dementia friendly Extra Care Housing Scheme in Mill Hill with 53 flats. The scheme opened in January 2019 and is now fully occupied.  We are working with The Barnet Group to develop a further two extra care schemes: a 50 unit scheme in Burnt Oak due for completion in Autumn 2022 and a 75 unit extra care scheme on the Fosters estate in Summer 2023.  We currently have four extra care schemes in borough and a number of sheltered housing schemes with overnight care services (sheltered plus). | There is a need to develop new models of accommodation and support which can meet the needs of both people with health and social care needs and their carers appropriately.  We want to work more closely with sheltered housing providers to develop and extend the sheltered plus model.  We plan to continue to develop our housing options to support older people to be able to better plan for their future, to remain in their own homes and to remain independent. | Extra Care Housing and Sheltered Care and Sheltered Plus  With two more extra care developments in progress, we want to ensure a staggered approach to the development of further schemes. This will enable us to effectively manage demand and avoid providers holding high levels of vacancies.  Talk to us about plans for additional extra care and assisted living developments in the private sector.  If you are a sheltered housing landlord speak to us about Sheltered Plus. |
| We have an enablement service provided by The Barnet Group, which provides short-term support to individuals to maintain and improve their independence. This can be prior to, or following, discharge from hospital and can prevent readmission to hospital or permanent admission to residential care and nursing provision.  | There is a need for more specialist home care support for specific health and social care needs to ensure that individuals and their carers can receive the right support at the right time (e.g. able to meet the specific language needs or with specific specialist training to meet the needs of the individual).   | Home care New contracts for homecare will commence from August 2020; the list will subsequently reopen to new providers bi-annually, or more frequently as required.  If you are interested in providing homecare and not already on our Approved Provider List, please sign-up to our procurement portal and you will be alerted to opportunities to bid.   |
| We have a strong assistive technology offer to enable people living independently for longer in their own home.   | Support needs to be offered earlier to friends and family in a caring role, to ensure that they can maintain their own health and wellbeing and prevent crises from occurring.  | We are interested in hearing from providers who have innovative solutions to supporting people in their caring role.   |

